

Solutions Overview



Health Advocate, Inc., the nation's leading independent healthcare advocacy and assistance company, offers a full spectrum of personalized, cost-effective solutions to help address the range of problems clients face today. They help improve health, balance work/life, lower medical costs, and smooth the administration of important programs.

Start with Core Health Advocacy™

The cornerstone program of Health Advocate provides Personal Health Advocates to help employees and their eligible family members successfully navigate healthcare and insurance-related issues, to save time and money.

Add Complementary Solutions } ---

The following solutions are available at an extra cost, to complement our Core Health Advocacy service:

Improve health outcomes

Benefits Gateway™+

Health Information Dashboard™

Our benefits experts connect employees to the right benefits through a single, toll-free number. The cutting-edge Dashboard platform uses member benefit, health and wellness information to leverage “teachable moments” to improve outcomes.

The Benefits Gateway+Health Information Dashboard solution is designed for clients who have access to claims data, typically self-insured groups.

Personalized Health Messaging™

Data-driven, customized communications target individual preventive and chronic care needs, promote early intervention and employee engagement, and help prevent disease, control complications and reduce costs.

Support streamlined administration

Enrollment Advocate™

Full benefits support in times of major change.

FMLA Support™

Verify and clarify leave requests.

Independent Appeals Administration™

Impartial analysis of appeals in compliance with federal regulations and timelines.

External Appeals Administration™

Safely comply with federal requirements.

Encourage better health and well-being

Wellness Advocate™

Our comprehensive Wellness program helps your employees and company get and stay healthy. Options are available for either personalized or self-directed coaching.

Both options include an online Health Risk Assessment, wellness workshops, health trackers and decision support tools.

EAP+Work/Life™

Short-term assistance and resource support for personal, family and work issues, and assist HR with critical incident planning and sensitive work issues.

NurseLine™

24/7 access to registered nurses for non-urgent concerns.

Tobacco Cessation™

13-week, personal coaching for lasting results.

Promote cost-effective decisions

Medical Bill Saver™

Specialists negotiate out-of-pocket costs on uncovered medical and dental bills.

MedChoice Support™

Interactive tool compares pros and cons of medical care options.

For more information

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