

Real-life help

We won't let your employees fall through the cracks. Not if they have personal problems, work/life concerns, or even if they have other healthcare needs like finding a doctor, services for a parent or a complicated medical bill. Health Advocate's add-on Employee Assistance Program (EAP)+Work/Life service offers a unique program that is fully integrated with our world-class Core Health Advocacy program. Our highly trained team of EAP+Work/Life professionals offers short-term, personal assistance and resource support for a full range of personal, family and work/life problems, helps your HR staff with sensitive issues and, whenever needed, also helps your employees resolve clinical or insurance-related issues, quickly and reliably.

Health Advocate **EAP+Work/Life™**



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Full support for employees

We offer professional, short-term assistance and work/life services, and if needed, in-depth help to resolve healthcare and insurance-related issues. All through the same number. Our service offers:

- Telephonic or in-person assistance focused on coping strategies
- Licensed counselors help with stress, depression, family issues, substance abuse and more
- Referral for long-term counseling or specialized care
- Work/life specialists locate eldercare, childcare, legal and financial counselors, and other support services
- Access to work/life website, webinars, seminars
- Help from Personal Health Advocates (PHAs)—registered nurses supported by medical directors, claims and benefits experts. PHAs help resolve clinical and insurance-related issues, from finding in-network doctors to untangling medical bills

Full support for supervisors and HR

We offer unlimited consultation and organizational services addressing these and other issues:

- Identify and address difficult employees
- Critical incident planning
- Conflict resolution

- Disability management
- Substance abuse
- Reports on effectiveness of EAP+Work/Life program provided

Health Advocate EAP+Work/Life: Extra level of support. Extra value.

- One-source service access
- Intervenes and resolves issues in earliest stages
- Reduces need for more costly mental health services
- Helps employees balance work/life demands
- Improves productivity, reduces costs
- Decreases turnover and absences
- Fewer labor disputes
- Unlimited manager consultation to address workplace productivity issues
- A high-quality, consumer-driven organization
- Smoothly integrates with Core Health Advocacy
- Comprehensive, turnkey communications promote awareness and utilization

Our **Core Health Advocacy + Health Advocate EAP+Work/Life™** offers full support, full productivity and greater savings on healthcare costs.
It's what sets us apart.

For more information

Contact Health Advocate or your broker to arrange a meeting to learn more about the Core Health Advocacy service and our spectrum of add-on solutions, including Benefits Gateway and Health Information Dashboard, Wellness, EAP+Work/Life, Pricing Decision Support and HR programs.



866.385.8033, prompt #2



Email: info@HealthAdvocate.com

Web: HealthAdvocate.com

About Health Advocate

Health Advocate™ Inc., the nation's leading independent healthcare advocacy and assistance company, provides a spectrum of time- and money-saving solutions to more than 21 million Americans through its extensive employer and plan sponsor relationships. The company also offers a direct-to-consumer advocacy service, called Health Proponent®, to individuals who are not part of groups. Founded in 2001, the company is headquartered in suburban Philadelphia with sales offices nationwide.

Independent. Confidential. Convenient.

Health Advocate is not affiliated with any insurance or third party provider. Health Advocate does not replace health insurance coverage, provide medical care or recommend treatment.

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